# Let's see what's for lunch...



# Monday

#### Main Meals

Beef Bolognaise with Spaghetti

Vegan Bolognaise with Spaghetti

Baked Jackets with Grated Cheese

#### Served With

Peas & Broccoli

#### Dessert

Maryland Cookie

#### Main Meals

BBO Chicken Pizza with Baked Wedges

Vegan Lentil & Vegetable Curry with Steamed Rice

Pasta & Tomato Sauce

#### Served With

Carrots & Sweetcorn

#### Dessert

Apple Crumble with Custard

Roast Chicken with Roast Potatoes & Gravy

Squash & Lentil Lasagne

Baked Jackets with Baked Beans

#### Served With

Seasonal Greens

Cherry Cornflake

#### Main Meals

Main Meals

Wednesday

Beef Keema with Turmeric Rice

Vegan Bean Chilli with Steamed Rice

Pasta & Tomato Sauce

& Cauliflower

#### Dessert

Cake

#### Served With

Broccoli & Carrots

#### Dessert

Chocolate & Pear Sponge

Served With

#### Main Meals

Breaded Fish Fingers with Chips & Ketchup

Vegan Goujons with Chips & Ketchup

## Dessert

Banana Flapjack

Peas & Baked Beans

Baked Jackets with Grated Cheese

#### Freshly Baked Bread:

Carrot & Beetroot or Wholemeal Bread

#### Week 1:

15th April, 6th May, 27th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec 

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients. 

Available Every Day Fresh Fruit, Yoghurt or Jelly

# Week

#### Main Meals

Chicken & Beef Sausage with Baked Wedges & Gravy

Vegan Sausage with Baked Wedges & Gravy

## Served With

Sweetcorn & Baked Beans

#### Dessert

Chocolate Rice Krispie Cake

Pasta & Tomato Sauce

#### Main Meals

Fajita Spiced Turkey & Vegetables with Steamed Rice

Margherita Pizza with Baked Wedges

Main Meals

Baked Jackets with Grated Cheese

Sweet Chilli Stir-fry Mushroom

& Vegetable Noodles

#### Served With

Carrots & Broccoli

#### Dessert

Mandarin Jelly

#### Served With

Roast Chicken with Roast Potatoes & Gravy Seasonal Greens & Peas

#### Dessert

Vanilla Ice Cream

Served With

Served With

Peas & Baked Beans

Lemon Drizzle Sponge

Dessert

Dessert

Carrots & Sweetcorn

Apple & Carrot Flapjack

Wholewheat Pasta & Tomato Sauce

#### Main Meals

Wednesd

Chilli Con Carne with Steamed Rice

with Steamed Rice

Baked Jackets with Baked Beans or Salmon Mayonnaise

Vegan Caribbean Vegetable Curry

#### Main Meals

Breaded Fish Fingers with Chips & Ketchup

Vegan Fajita Wrap with Chips & Ketchup Pasta & Tomato Sauce

## Freshly Baked Bread:

Garlic & Herb or Wholemeal Bread

#### Week 2:

22nd April, 13th May, 3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st oct, 11th Nov, 2nd Dec





#### Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne

Vegan Roasted Ratatouille with Penne

Monday Baked Jackets with Grated Cheese Served With Carrots & Broccoli

#### Dessert

Orange Shortbread

**Biscuit** 

#### Main Meals

Caribbean Chicken Curry with Steamed Rice

Vegan Sweet & Sour Vegetables with
Steamed Rice

Pasta & Tomato Sauce

#### Main Meals

Wednesday Herby Roast Chicken with Roast Potatoes & Gravy

3 Vegetable Mac n' Cheese

Baked Jackets with Baked Beans

#### Main Meals

Macaroni & Cheese Bolognaise Bake

Vegan Chickpea & Spinach Korma with Steamed Rice

Pasta & Tomato Sauce

#### Main Meals

Breaded Fish Fingers with Chips & Ketchup

Vegan Bubble & Squeak with Chips & Ketchup

Baked Jackets with Grated Cheese

## Served With

Sweetcorn & Coleslaw

## Dessert

Carrot Cake

## Served With

Seasonal Greens & Broccoli

#### Dessert

Chocolate & Beetroot Brownie

#### Served With

Cauliflower & Carrots

#### Dessert

Vanilla Ice Cream

#### Served With

Peas & Baked Beans

#### Dessert

Apple & Parsnip Cake

#### Freshly Baked Bread:

Courgette & Tomato or Wholemeal Bread

Week 3:

29th April, 20th May, 10th June, 1st July, 22nd July, 16th Sept, 7th oct, 28th oct, 18th Nov, 9th Dec

> BM2 GoodShepherd April 2024 All products are subject to availability

