



# Good Shepherd Newsletter

Friday 7th February 2025

## *Learning together as part of God's family*

### Children's Mental Health Week

We have had a busy week at Good Shepherd thinking about how we feel good about ourselves and what we enjoy doing.

Know yourself, grow yourself

Here are some things you might chat about in your family this weekend:

- ♦ What new skills or strengths would you like to grow?
- ♦ What are you great at or do you most enjoy doing?
- ♦ A time I felt really proud of myself...

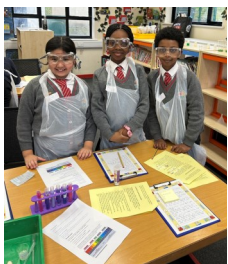
### Houses of Parliament

The School Council thoroughly enjoyed finding out about the history of the Houses of Parliament, democracy and visiting Downing Street.



### Science

Some children in Y5 enjoyed a range of science experiments last Friday at St Aidan's.



## *Be kind and respectful*

### Children's Mental Health Week Continued

Year 5 led a wonderful Prayer and Liturgy this week. They referred to the importance of following John 12:34 –35 *"And now I give you a new commandment: love one another. As I have loved you, so you must love one another. If you have love for one another, then everyone will know that you are my disciples."*

They also shared a poem they had collaborated on:

**M** – My mental health is important and so is yours.

**E** – Everyone should express their differences.

**N** – No one is the same as you, so be nice, as everyone is unique.

**T** – Think smart, think brave, don't give up today, unlock your powers in any way.

**A** – Amazing dreams start from childhood.

**L** – Look after our mental health, listen to everyone's voice and always love the way you express yourself.

**H** – Human dignity is lovable and extraordinary.

**E** – Express your feelings and loyalty to one another.

**A** – Amazing brains are the key to unlock your inner sense.

**L** – Let light shine through, let's show them what we can do. We can all make a difference, so can you.

**T** – Those who have a big heart, can make a big start.

**H** – Happy and health go together, let us make it stay forever.

*Respect*

*Responsibility*

*Determination*

*Positivity*

*Teamwork*

## Headteacher and Kindness Awards

Well done to the following children who have worked hard, had great behaviour or have shown great kindness and thoughtfulness to others:

| Headteacher Award:    | Kindness Award: |
|-----------------------|-----------------|
| R: Keturah, Nathan,   | Nolan           |
| Y1: Ademilewa, Sofia, | Paul            |
| Y2: Nyah-Rae, Owen,   | George          |
| Y3: Mahmoud, Nahla,   | Carla           |
| Y4: Abhid, Zhyan,     | Naila           |
| Y5: Messie, Oscar,    | Ademilola       |
| Y6: Leonie, Mohamad,  | Nia             |



## Friends of Good Shepherd (FROGS)



### Mother's Day

FROGS are in need of ladies' gift donations for our Mother's Day stall. If you have any items which you don't want or use in good condition and we can reuse as a gift. Please give into the school office. Thank you.

### Coffee morning

FROGS Coffee mornings are back, we are inviting all parents and carers to our next one on **Tuesday 4th March at 8.40am** in the Hub.

Topics of discussion: Mother's Day stall, Circus Pazaz, financial update 2024/25, upcoming FROGS initiatives.

## Crystal Palace Poetry Competition

There is a great opportunity for children to get creative. Children should give their poems to Coach George.

Please see the attached leaflet for more information.

## Parking

Please can all parents be considerate when they drop off and pick up their children.

There are a minority of parents who are letting the school down in the way they behave when parking. I would like to remind parents that they are not allowed to park across someone's driveway and should always ensure that there is enough space for emergency vehicles to pass.

I was saddened to hear from one of our neighbours in Leigh Crescent that parents are playing loud music, arguing with residents or parking across their driveway. Please can parents park a little bit further from school and avoid parking in Leigh Crescent as there is very little space there. Thank you for your cooperation.

## Fr Con's Reflection

Tuesday of next week, February 11<sup>th</sup>, is the 'Feast' of Our Lady of Lourdes. It is always designated 'World Day of Prayer for the Sick.'



Our Blessed Lady appeared to Bernadette Soubirous in 1858 in that Southern France town. Bernadette later, as a nun, would have much physical suffering to withstand in her life.

Additionally, this 'Feast' is a fitting day to pray the Rosary to Our Blessed Lady for all the intentions of our school.

If you need to contact the office, please email or telephone **01689 841 771**  
**office@goodshepherd.croydon.sch.uk**

## Half Term Reminder

A reminder that school closes for half term on Thursday 13th at 3:15pm.

*Have a lovely weekend*  
*Mrs Day*